



## Adult Open Division Schedule

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
		8:00-9:00 <i>Moderate Yoga</i> Carol	8:30-9:30 <i>Moderate Yoga</i> Carol	8:00-9:00 <i>Moderate Yoga</i> Carol	
		9:30-10:30 <i>Gentle Yoga</i> Carol		9:00-10:30 <i>Int/Adv Ballet</i> Dieter	10:30-12:00 <i>Int/Adv Ballet</i> Dieter
					12:00-12:30 <i>Pointe</i> Dieter
	7:00-8:00 <i>Beginner Yoga</i> Carol	6:30-8:00 <i>Beg/Int Ballet</i> Eliza	5:30-6:30 <i>Moderate Yoga</i> Carol		4:00-5:00 <i>Yoga Dance</i> <i>or Workshops</i> Carol

### Class Fees

#### **Ballet**

\$20/class  
\$180/10-class card  
\$10 for Pointe

#### **Yoga**

\$27/first class, second class FREE  
\$22/class  
\$195/10-class card (6 mo. exp.)